

5 STAR DOG TRAINING

WELCOMES

Dr. Britt Mills' The Agility Dog as an Athlete



5-8 pm Friday, February 3, 2012

5 Star Dog Training

#16 Westsyde Shopping Centre

3435 Westsyde Rd, Kamloops BC

Meet Veterinarian Dr Britt Mills

Dr. Britt Mills grew up in northern B.C. and decided as a pre-schooler to become a veterinarian. In 1989 she graduated from the Western College of Veterinary Medicine with a Doctor of Veterinary Medicine Degree. After graduation she practiced for two years in a small animal practice in northern B.C. In 1991 Dr. Mills established an equine practice in the Bulkley Valley and practiced there for the next 11 years. In 1998 she successfully completed the Veterinary Acupuncture Course offered by the International Veterinary Acupuncture Society. At that time, her practice shifted to include holistic work. In 2007 she completed the Canadian Animal Chiropractic Certification Program offered by the Healing Oasis Wellness Center of Canada. Dr. Mills has also completed continuing education programs in Craniosacral Therapy, Applied Kinesiology, Prolotherapy, and Tui-Na(a form of physiotherapy).

In addition Dr. Mills is a Certified Level 2 Equine Coach with Equine Canada and has been active in the horse industry as a coach, competitor, and horse breeder.

Dr. Mills has the unique ability to combine the best of traditional and alternative medicine to provide the highest level of care possible for her patients. She has a practical, yet deeply compassionate approach in their treatment, which is a gift that not only benefits her patients, but their owners as well.

When Dr. Mills is not practicing veterinary medicine she enjoys scuba diving, golf (in the broadest sense of the sport), walking her dogs, but most importantly, treasured time with her family.

Seminar Information

Friday, February 3, 2012

Time 5pm - 8pm

Location: 5 Star Dog Training, Westsyde Shopping Centre

DESCRIPTION

This is a seminar designed to help owners improve their dog's performance and reduce injuries. It is designed to provide owners with specific exercises to help with flexibility and strength, and to increase owners' awareness of body pain and restrictions that can lead to lameness and performance issues. We will also cover the types of treatments available and how to make the best choice for your dog. If time permits, we will touch on nutrition and maintaining the geriatric dog. We will provide dogs for demonstration of techniques and provide detailed notes that you can use for reference.

TOPICS

- Warmup and cool down-specific exercises to do to minimize injury and maximize performance.
- How to evaluate your dog's musculoskeletal system- checking for back pain, limb pain, neck pain. How to evaluate spinal mobility.
- A few key physical therapy techniques to really help your dog. How to check for local areas of stiffness and spasm which can develop into long term problems. Some simple techniques to treat localized pain, some conditioning techniques to prevent problems.
- How to decide which therapy is best for your dog and when it is needed- massage, physiotherapy, acupuncture, chiropractic.
- If time permits we will cover maintaining the geriatric dog and nutrition and supplements for the agility dog.

ENTRY FORM
Dr Britt Mills

Feb 3, 2012
5 Star Dog Training, Kamloops, B.C.

NAME:		
ADDRESS:		
HOME PHONE:	CELL:	
EMAIL:		
	The Agility Dog as an Athlete \$90.00 + HST	\$101.00

Cancellation policy...

Due to the limited number of participants in this seminar, No Refunds will be given.
Limited to 20 participants, so register soon!

I agree to the above terms _____
SIGNATURE

Date: _____

Include cheque or money order payable to: 5 Star Dog Training,
Mail to 5 Star Dog Training, c/o Mary Zacharatos, 229 Chetwynd Drive, Kamloops,
B.C. V2H 1L7